

Unlimited Training Options



Time:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning							
6:30am	Coaching Session		Coaching Session		Coaching Session		
8:00am		Coaching Session		Coaching Session			
10:00am						Coaching Session	
12:00pm							Coaching Session
Evening							
4:00pm					Coaching Session		
5:30pm		Coaching Session		Coaching Session			
6:30pm	Coaching Session		Coaching Session				

**Sessions added as participation increases*